

Conversation with Eduardo Gozalo October 2017

Day 1

We went to ask him about what we had heard -that he had set a 4000 year purpose:

Eduardo: Someone asked Negro when will another one like you come? He answered perhaps in 5000 years another one like me will come.

The project that he launched is for a long time.

Negro was saying that it was interesting to put together a plan for 4000 or 5000 years. He has made a doctrine for a long time. I will not be 5000 years in this format, I think, because a genetic change could be found. When you imagine that you can live 1000 years, your horizon changes. You would have to ask yourself what you would like to do with those years, what is your plan.

Whether or not I want to move to the spiritual format.

If you have confirmed that your spirit is configured, the subject of time no longer has meaning. No matter how long I live the point is what I do to develop this Spirit. The point is how I make contact with that other thing while alive. Who dies before dying shall never die. And in the second quatern an emptying is produced, which is really a form of dying. An emptying out that produces devitalization and in the ninth step resuscitation occurs. You are entering another world of inspiration, of rapture, you see things that you did not see before. If you go to the profound spaces you will find those profound gods. The greatest value is the search for that profound thing. And for that you have to remove your limitations, contradictions, the bad memory. In those profound regions you no longer speak of 4000 years because it is another level.

Meditate: what happens after dying?

Meditate on the cycle of the individual spirit.

Individual Cycle: the spirit that we have is not in all cases is in the same level of evolution. So it needs time. I have associated it with the purgatory, where the spirits are purging, perfecting. It's like you're a rocket and you let go of parts, we let go of heavy boxes until we fulfill our purpose. We already come with a purpose, but we have to recognize it. In the measure you recognize it your life has meaning.

Recognize that you have a purpose for which you were launched.

Our life is a continuum of something that came from before (behind).

I had a dream where I was on an island and I saw the sea. And in the depths was the world. I saw people, I recognized my mistakes. I had to go back there and do what I did not do. But when I jumped into the water I forgot where I came from and I got disoriented. Then I forgot what I had gone there for. Salvatore said that it was the story of the pearl, a Persian story which is also explained in Plato's ideas.

Traces.

How can the mortal derive in the immortal? The thing is how the immortal can derive into the illusion of a mortal thing. Planning within this context is more timeless. The time you are here use it for an interesting thing. Recognition is a higher state of consciousness. You can recognize because you already know, you come with full equipment. The spirit feeds on valid actions and for that you have to be able to attend. You can do it from the level of conscience of self. Otherwise it's all pure accident. From consciousness of self on, inspiration appears in a directed way. You want to direct that, you do not want it to be accidental. Conscience of self plus valid actions, plus work with energy, in order to direct it toward areas where it is activated. There is a cenesthetic register of the point of becoming aware. It's like

an observer observing. The energy must be put on that point. Inspired things appear there, and answers come. Silence is also that point. It allows the universe to penetrate. When we produce a vacuum we must put ourselves in a disposition to receive the god. It is a way to silence the I, which also happens in failures. The vacuum is the gateway to the profound. Attend to who you are and where you are going. If I know where I'm going, it's because I've already made contact with that from when I die. The profound sends signals, there is a plan here, one does not know quite well what it is, but there is a direction. There is a tendency towards development and complexity. The Egyptian book of the dead is really called the book of the rising of daylight. It is a guide of the inner road.

Day 2

Aesthetics is a kind of ceremony to enter certain registers.

Eduardo makes bonsai and he becomes attuned with his bonsai as if it were him. That's what Zen monks do.

Significant occurrences: I call significant occurrences to those occurrences that are related to the profound, those that reveal who I am and where I come from. Those experiences are showing a purpose (the mental direction I see). Something that catches your attention has to do with your look and with your intention; the way you structure and what you pay attention to. You start to observe things differently because your interest has changed. You learn because you are looking for a solution to things that you are considering. Certain searches are pressuring within you. This does not happen by accident, there is something from before that is getting ready. At certain moments there is more intensity in the search. I can do an asking and go to sleep, and I ask not to forget myself. All this is not linear, it has to do with accumulation and distension. The increase in the need for the search makes it appear. It is as if it were a call, an asking. Regarding the fear of becoming New Age or being in an emotional conscience (which Rosita asked about) he told us it does not matter, the important thing is the register, the important thing is whether you are more at peace and more reconciled. If you live happier in time you are OK, and also seeing what is generated around you. You notice you saved space if it is a coherent thing. We have to see things in process. If wisdom and happiness grow in you and around you, I will follow your example.

The important thing is the register I have, and that my surroundings are each day better.

Let everyone do it however they want.

Occurrences accompanied by dreams and fallings into account. It is good to see the whole.

If you want to go upward you also have to fix the things that are pending.

Robby says he wants to deepen on the unitive action and on the relationship of it with transcendence.

We separate transcendence from day to day life as if they were different things, as something linear. We are already in transcendence; we just have to capture it. Valid acts correspond to transcendence. You can live in the grace of God, you are living in transcendence. You do not have to die to access transcendence. The secret of life is to grasp the transcendence during life; because capturing it after death, even the donkeys do that when they die. The important thing is to capture immortality while alive. You don't need to die to be immortal. You can be immortal already. Unitive acts correspond to another plane which is

already acting. When the body falls apart I lose what I cannot progress further with. When one is in the force or in unitive action, one has no fear of death. But it is still not our time, we are brushing on other planes in life. One is already living in what will happen later. Simultaneity; this is a structure. We believe things are linear.

Robby asks what to do with the problems among us. He responds, I try to add, to contribute. It is not about the discussion of whether or not you are right. I can contribute with a good relationship, with productions. I'm not interested in arguments or in having bad relationships. I consider it as bad food for myself. The ambits and relationships that give good harmony add up for me. I move with positive aphorisms. I try to contribute. You can have different points of view, but without tensions. The rest will be modified with the process, what works and what doesn't will be decanted. Everything is dynamic on a personal and group level. The important thing is to go with the evolution of things, the rest is very circumstantial. It's like putting something secondary as something primary. Then life grabs you. You have to create ambits that generate that. If it does not work, even if you're in the park, that is not the way. Suffering tells you that it is not the way to go. The problematic forms keep you hooked in your own network of shadows. Good atmospheres must be potentiated. Creating a good atmosphere around you, and good harmony, that's how you approach transcendence.

Negro said that people want to be happy as a growing thing, not provisionally. That is the objective. Whatever distracts me from that are all tensions. Let people do what they want to try to create good atmospheres. What one does is to be consistent with what one thinks. One has to be refractory to suffering. It's like you create your own wounds. Better pay attention. Protect yourself a little, because if not, the lack of attention causes you to have accidents. You have to move with care.